§6 Test A

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dwojga przyjaciół. Uzupełnij brakujące informacje w zdaniach 1–5 zgodnie z treścią nagrania.

1	Katie is in bed because she has got
2	Katie first felt ill on Thursday
3	On Thursday, Katie came home from school by
4	Katie's mum called
5	Katie has to take medicine and

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Vocabulary

2 Uzupełnij nazwy dolegliwości brakującymi literami.

1 After I go swimming, I sometimes have

____ a lot.

	e a h.
2	When I eat too much, I often have t m c c e.
3	In winter, I sometimes have
	a o d.
4	I can't speak. I have a s () () e
	t o .
	/4

3 Zakreśl wyrazy, które poprawnie uzupełniają poniższe zdania.

- 1 Your head is hot. You have a **cough** / **fever**.
- 2 Don't touch the hot iron! You'll scratch / burn your hand!
- 3 When you see an accident, you should call / take an ambulance.
- 4 Listen to your doctor and take medicine / A&E.
- 5 When you walk into a hole, you can twist your finger / ankle.

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4 Uzupeł	łnij dialog zdaniami a–e. Dwa zdania nie p	oasują
do dialo	ogu.	

A:	Mark, look at you! 1
B:	Oh, I broke my leg two
	davs ago.

a When did it happen? **b** It isn't too bad.

c What happened to you?

B: I was on my bike. I fell over on the street.

d It was last week.

e How did you do that?

A: How does it feel now?

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A: ²_

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Grammar

5 Zakreśl poprawną odpowiedź: a lub b.

1	I a good fi	m on TV yesterday.
	a see	b saw
2	Where did they	last weekend?
	a go	b went
3	She call a	doctor yesterday.
	a wasn't	b didn't
4	Mark go t	o the health centre last Monday?
	a Was	b Did
5	We didn't	to Jack this morning.
	a talk	b talked

6 Uzupełnij dialog odpowiednią formą czasowników w nawiasach w czasie Past simple. Uzupełnij krótkie odpowiedzi.

A:	Hi, Mandy. ¹ weekend?	(you / have) a good
B:		My cousins (visit) me.
A:	Nice. How long 4you? All weekend?	(they / stay) with
B:	good time on Saturday.	(have) a really
	(not go) cycling because	e it was cold and rainy but

 $_{-}$ (**play**) video games.

Α:	That sounds fun!

we 8 ____

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Reading

7 Przeczytaj tekst. W zadaniach 1–5 z podanych odpowiedzi wybierz właściwą, zgodną z treścią tekstu.

STAY HEALTHY

We all want to be healthy and fit, and it's important to follow some rules of a healthy lifestyle.

Don't eat big and heavy meals, especially before going to bed. They will often give you stomach ache. It's much better to eat a little but more often during the day. And forget fast foods!

Don't ignore any illnesses or injuries. If you have a headache or a fever and they don't go away after one day, see a doctor. These are often symptoms of a cold or flu, so don't wait till it gets worse.

Regular exercise is good for your body. You can do it every day if it's not too hard, but if you do a lot of exercise on one day, it's usually a good idea to give your body a rest for a day or two afterwards. When you have an injury, for example a bruised foot, always let your body get better before you start exercising again.

Sleep is important! A good night's rest is something your body and mind need every day. To sleep well, try not to play games or watch films just before going to bed. Also, some people shouldn't do exercise in the evenings because they have problems falling asleep. Go to bed and get up at the same time every day, so your body has a regular sleeping routine.

- 1 The text says you can get a stomach ache if you eat
 - a many meals during the day.
 - **b** fast foods.
 - c too much before sleeping.
- 2 You should go to a health centre
 - a every time you have a headache.
 - **b** if you feel bad for longer than a day.
 - c when your flu gets worse.
- 3 The text says you should not do exercise
 - a when you hurt a part of your body.
 - **b** when you have a headache.
 - c when it isn't regular.
- 4 Which of the following will help you sleep well?
 - a Watching TV.
 - **b** Taking exercise.
 - c Regular bedtime hours.
- 5 The text was written to
 - a describe some common illnesses.
 - **b** show some ideas for a healthy lifestyle.
 - c give advice on dealing with illnesses.

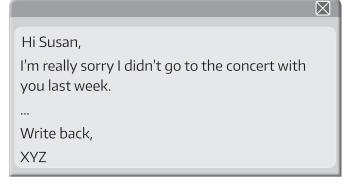


Writing

8 W zeszłym tygodniu nie mogłeś/mogłaś pojechać z koleżanką na koncert z powodu problemu zdrowotnego. Napisz e-mail. W wiadomości:

- wyjaśnij, co ci dolegało,
- napisz, co robiłeś/robiłaś w tym czasie,
- podziękuj za zdjęcia z koncertu i wyraź swoją opinię na ich temat.

Użyj maksymalnie 120 słów.



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Total: ____ / 50

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Extra task				
9 🖈	Przetłumacz fragmenty podane w na	awiasach na język angielski.		
1	He (zadrapał kolano)	badly when he had a bike accide	ent.	
2	Tom! It's already 7:30. (Pośpiesz się)	!		
3	My leg (nie boli)	_ much.		
4	Oh, dear. You're (w tarapatach)	·		
5	(Nie widziałem)	_ you at school yesterday. Were you ill?	/5	
			Total ★: / 55	